



Session Title	Description	Recommended Audience
Vision 2030	Vision 2030 is the three year strategic plan designed to make bold changes that put GSTOP in the position to serve the girls of tomorrow. Come hear about the strategic plan from the Executive Leadership team, ask questions and provide valuable input on our next steps.	This session is for volunteers who feel passionate about making changes to the organization and want to learn more about the three year strategic plan.
Outdoor Progression	This session helps volunteers understand how to confidently guide girls through the Girl Scout outdoor progression. Participants will learn how to assess when their girls are ready for camping, review required GSTOP outdoor training and safety expectations, and explore ways to meaningfully include girls in planning outdoor experiences. The session also provides practical ideas for building outdoor skills when a troop is not yet ready to camp, ensuring girls can still grow in confidence and independence through age-appropriate outdoor activities.	While this session is valuable for volunteers of all levels, newer leaders or volunteers who have not ventured into the outdoors yet would benefit the most.
Stress Free Meetings	This session breaks down the essential elements of a successful Girl Scout troop meeting, including the seven parts of a troop meeting and how to keep meetings engaging and well-paced. Participants will explore effective delegation strategies, ways to appropriately use AI as a planning and time-saving tool for Girl Scout leaders, and practical hacks to streamline preparation and communication. The session also emphasizes including girls in the planning process to build leadership, ownership, and confidence.	This session is designed for troop leaders of all experience levels who want to simplify meeting planning.

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GSTOP Camp Visioning	Help GSTOP as we re-imagine our camping processes and property offerings to better serve our members. Topic of discussion will include how to make the troop/SU camping experience better, property amenities, and ways to ease our processes.	This session is best suited for volunteers who have experience using GSTOP camp properties and want to help council improve them.
CSA Leader Meetup	Network with your fellow Cadette, Senior, and Ambassador leaders to share best practices, challenges, and resources as a peer group.	This session is designed for leaders and troop volunteers who work with Cadette, Senior, and Ambassador Girl Scouts.
DBJ Leader Meetup	Network with your fellow Daisy, Brownie, and Junior leaders to share best practices, challenges, and resources as a peer group.	This session is designed for leaders and troop volunteers who work with Daisy, Brownie, and Junior Girl Scouts.
Multi-Level Leader Meetup	Network with your fellow multi-level leaders to share best practices, challenges, and resources as a peer group.	This session is designed for multi-level troop leaders and volunteers.
Council Programming Preview	Join the GSTOP Girl Experience Team to see a preview of the 2026-2027 program calendar. Participants can ask questions about events and start to plan for their next troop year.	This session is for anyone who wants to see next year's programs and start planning.

Session Title	Description	Reccomended Audience
Working with Neurodiverse Girls	This training focuses on creating inclusive troop meetings and events where neurodiverse girls feel safe, supported, and empowered. Participants will learn practical tips and strategies for understanding sensory needs, recognizing signs of emotional dysregulation, and using redirection techniques that build confidence rather than fear. The session emphasizes proactive planning, compassionate communication, and creating environments where all girls can fully participate and thrive.	This session is for any volunteer who would like to learn tools that foster positive, inclusive experiences that honor each girl's unique strengths and needs.
Volunteer Management and Team Building	This training helps troop leaders build a strong support system by learning how to recruit volunteers, delegate with confidence, and set healthy boundaries. Participants will explore practical strategies for sharing responsibilities, communicating expectations clearly, and preventing adult burnout while maintaining a positive troop culture. The session emphasizes sustainable leadership practices that support both volunteers and girls.	This session is suited for troop leaders and volunteers of any level who want to learn strategies for building their leadership team.
Travel and Event Planning	This session simplifies Girl Scout travel and trip planning for troop leaders and volunteers. Participants will learn about required trainings, what travel progression looks like at each grade level, and how to plan trips and events with confidence—even if you're just getting started. The session also emphasizes keeping experiences girl-led while ensuring safety, preparedness, and age-appropriate adventure.	This session is best for volunteers that are just branching out into trip and event planning but would also be a great refresher for more experienced volunteers.