

Adventure Out Challenge 2022

Complete at least 45 of these activities to earn the Adventure Out Challenge 2022 patch.

Simply check off each activity as you complete it. Then, visit <https://gstop.formstack.com/forms/adventureout2022> to complete the challenge.

- Ride a bike
- Camp out in your yard
- Visit a local park
- Determine the height & age of a tree
- Walk a pet
- Make & sail a cardboard boat
- Build a fort
- Complete a ropes course
- Look for bugs, find three (3)
- Visit a farmer's market
- Watch the clouds
- Make a new friend
- Swim
- Play baseball or go to a game
- Visit a national park
- Care for a garden or plant flowers
- Go to an outdoor gathering
- Go on a hike
- Hula hoop
- Draw on the sidewalk with chalk
- Read a book outside
- Ride in or paddle a canoe
- Play in the sprinklers
- Stargaze
- Ride in or paddle a boat
- Watch the sunrise
- Make a nature collage
- Make mud pies
- Play flashlight tag
- Visit a water park
- Blow bubbles
- Earn an outdoor badge
- Wash a car
- Make a S.W.A.P. from nature

- Start a water balloon fight
- Skip rocks on the water
- Have a dance party outside
- Play "I Spy"
- Visit a waterfall
- Build a sandcastle
- Tie-dye something
- Look for nocturnal animals
- Start a kickball game
- Visit a state park
- Birdwatch
- Roller skate or skateboard
- Use a GPS navigation system
- Play disc golf
- Listen to music outside
- Watch for fireflies
- Play hide and seek
- Play water tag with spray bottles
- Make a bird feeder or house
- Put on a play outside
- Fly a kite
- Attend a Girl Scout camp
- Go on a picnic
- Visit a zoo
- Roast marshmallows
- Play a board game outside
- Walk barefoot in the grass
- Go on a scavenger hunt
- Pick & eat a fruit or veggie
- Go to a farmers' market
- Go fishing
- Play basketball
- Go rafting
- Help a family member in the yard
- Catch a frog
- Dance in the rain
- Play capture the flag
- Paint or draw outside
- Write in a journal outside
- Make outdoor rubbings
- Hunt for treasure
- Make an obstacle course
- Participate in archery
- Watch a storm (safely)
- Demonstrate a Leave No Trace principle
- Jump rope

- Watch a movie in a park
- Go ziplining
- Have a potato sack race
- Go horseback riding
- Play hopscotch
- Play on a beach
- Retire a flag
- Participate in axe-throwing
- Launch a rocket
- Play in a treehouse
- Visit a gun range
- Watch the sunset
- Paint a rock & hide it
- Take a selfie outside
- Make a dessert outdoors
- Visit a nature center
- Pick up litter in your neighborhood