

Native American Heritage Month November 2022

Celebrate Native American Heritage Month by earning the “I’m a Girl Scout!” Fun Patch.

Girl Scouts of Texas Oklahoma Plains deeply values and celebrates the diversity across our movement. November is Native American Heritage Month, and we invite you to celebrate with us by participating in this month’s Patch Program. Learn more about the indigenous cultures here in Texas, Oklahoma, and across the country.

What is Native American Heritage Month and why do we celebrate?

Throughout November, [Native American Heritage Month](#) celebrates the cultures, histories, and countless contributions that Native American communities have provided to the United States. We invite you to take this opportunity to learn more about the cultures of the Indian Nations in your state and across the country. We’ve got plenty of activities to choose from, so you can make new discoveries and have tons of fun learning while earning a fun patch!

How to Earn the Patch?

Participate in at least one of the following art themed projects:

- Learn a Native American lullaby on your own or with your troop.
- Make a music playlist with ten artists from ten different Native American communities that includes songs or music that an artist, community, or producer has shared online.
- Identify five books written by Native American authors. Research the musical instruments that Native Americans have created and use.
- Recognize the various art forms that Native American artists have created as you explore your community or as you travel.
- What art forms are Native Americans known for? Share images that you find with your friends and family.

Participate in at least one of the following community tradition theme projects:

- Cook a Native American recipe that you can enjoy with your troop, friends, or family.

- Learn about three different medicinal plants or herbs that Native American communities use for healing.
- Research Native American chefs to learn how they incorporate traditional foods into restaurant menus.
- Visit a Native American food truck or restaurant in your area.
- Learn about three different Native American tribes, and share your research with your troop, family, or friends.

Participate in at least one of the following discovery themed projects:

- Learn about four Native American leaders (doctors, scientists, activists, or any others you come up with) and present to your troop or family their contributions to our nation.
- Find three (or more) inventions that were created by Native Americans. Draw them and write a caption for each, providing the name of the item invented, the name of the inventor, and the tribe they're from.
- Using a map of the United States, select different colors to identify the seven Native American regions on the map. For an extra point, add at least five names of different Native American tribes located in each region.
- How many Native American tribes are in your state?
- Write a poem inspired by the research you've done on Native American communities.

Where to get the Patch?

This sew-on patch can then be purchased at [GirlScoutShop.org](https://www.girlscoutshop.org).

