

# GIRL POWER

## CAN'T BE QUARANTINED

*a virtual patch challenge*



While social distancing, we can still stay connected! Join us for this virtual patch challenge to enjoy some fun family time, and stay in touch with friends, faraway relatives, and the rest of your community.

Check off 25 items or more to complete the challenge and earn a fun patch! See if you can do all 50.

Challenge your friends and family to play along! It's a great activity for adults and kids!

Check off the steps you complete on this worksheet and share your experiences on Facebook or Instagram. Be sure to tag GirlScoutsTOP, so we can see your progress and cheer you on!

Patches will be available for purchase at council shops once offices reopen.

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Go camping in your back yard or in your living room</li> <li><input type="checkbox"/> Go on a scavenger hunt you create for your family, in your house or yard</li> <li><input type="checkbox"/> Make a pillow fort</li> <li><input type="checkbox"/> Create a sock puppet</li> <li><input type="checkbox"/> Call a friend and tell each other 5 jokes</li> <li><input type="checkbox"/> Have a fashion show</li> <li><input type="checkbox"/> Clean out a closet and create a donation box</li> <li><input type="checkbox"/> Cook or help cook a new recipe</li> <li><input type="checkbox"/> Make cards for a loved one</li> <li><input type="checkbox"/> Make a family tree</li> <li><input type="checkbox"/> Rearrange your bedroom</li> <li><input type="checkbox"/> Skype or Facetime with someone far away</li> <li><input type="checkbox"/> Watch a movie you have never seen</li> <li><input type="checkbox"/> Make up a skit and perform it live for family and/or record and share</li> <li><input type="checkbox"/> Read a book</li> <li><input type="checkbox"/> Everyone in your household, read at the same time in the back yard</li> <li><input type="checkbox"/> Have an indoor picnic</li> <li><input type="checkbox"/> Learn/practice a new skill</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Make your own video tutorial</li> <li><input type="checkbox"/> Work on a Journey</li> <li><input type="checkbox"/> Make an on-line donation to a charity you care about</li> <li><input type="checkbox"/> Take a bubble bath</li> <li><input type="checkbox"/> Learn to check the oil or air pressure on your family's car</li> <li><input type="checkbox"/> Earn a badge of your choice</li> <li><input type="checkbox"/> Do a chore around the house that you normally don't do</li> <li><input type="checkbox"/> Play freeze tag</li> <li><input type="checkbox"/> Start to learn sign language or a new language</li> <li><input type="checkbox"/> Have an indoor beach day</li> <li><input type="checkbox"/> Create a rainbow</li> <li><input type="checkbox"/> Try a science experiment</li> <li><input type="checkbox"/> Take a nap</li> <li><input type="checkbox"/> Star gaze</li> <li><input type="checkbox"/> Make paper airplanes for a family throwing contest</li> <li><input type="checkbox"/> Wake up early and see the sunrise</li> <li><input type="checkbox"/> Draw a self portrait</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Do yoga in your house</li> <li><input type="checkbox"/> Take a walk with the whole family and take a picture along the way</li> <li><input type="checkbox"/> Cloud watch</li> <li><input type="checkbox"/> Tour the website of a state or national park and share a fact you learn</li> <li><input type="checkbox"/> Count how many doorknobs there are in your house, inside and out</li> <li><input type="checkbox"/> Make s'mores in any way, inside or out</li> <li><input type="checkbox"/> Introduce us to your favorite stuffed animal</li> <li><input type="checkbox"/> Do some karaoke</li> <li><input type="checkbox"/> Pick a parent and do one of their favorite things with them</li> <li><input type="checkbox"/> Make a craft item of your choice</li> <li><input type="checkbox"/> Play a board game with everyone at home</li> <li><input type="checkbox"/> Paint and hide a rock</li> <li><input type="checkbox"/> Blow bubbles</li> <li><input type="checkbox"/> Sit on your front porch and say hi to anyone who walks by</li> <li><input type="checkbox"/> Play hide and seek in your house</li> </ul> |
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