



Activity 1 : As Girls Arrive: Daisy Name Tag

Time Allotment

10 minutes

Materials

- Daisy Name Tag Template
- Girl Scout Promise Template
- Yarn pre-cut in 2- to 4-foot sections
- Scissors
- Glue sticks
- Hole punch
- Colored markers/crayons/colored pencils

Steps

- Give each girl a copy of the Daisy name tag template
- Have girls color their Daisy name tag and write their name (you may need to help girls write their name)
- Have girls punch a hole at the top of the daisy
- Have girls glue the Girl Scout Promise to the back.
- Tie each end of a piece of yarn through the punched hole at the top of the daisy
- Have girls wear the name tags during the meeting so they can learn each others' names.



Activity 2 : Girl Scout Traditions

Time Allotment

15 minutes

Materials

- Optional: Girl Scout Promise poster



Steps

Note to volunteers: The Opening Ceremony is usually done at the very beginning of the troop meeting. It is a way for you to open your meeting and officially get started.

You can either do one of the pre-planned ceremonies in your meeting plan or substitute your own. You can do any number of things at your opening ceremony. For example, girls may recite the Pledge of Allegiance or the Girl Scout Promise and Law. They may hold a Flag Ceremony or recite a poem, or any other special ceremony.

Keep it Girl-Led Tip

Let girls decide how they'd like to open their meeting. You can give them choices until they start coming up with their own ideas.

Have girls sit in a circle on the floor.

SAY:

- *Welcome Daisy Girl Scouts! Are you looking forward to being Daisies this year? Are you ready to start our adventures together?*
- *Now that you're a Daisy, you're going to have so much fun. You'll make friends with other Daisies. You'll sing songs, play games, and have fun outdoors. And all along the way, you'll be making the world a better place!*
- *This is our Daisy Circle. It's a special place where we come together to share thoughts and ideas, and make plans for our troop. In the Daisy Circle, everyone gets a chance to talk, and everyone listens to what other girls have to say.*
- *Let's start our meeting by quickly introducing ourselves.*
- *My name is _____ and I will be your troop leader for the year.*
- *I will be guiding you as we have our troop meetings, do activities, earn Petals and awards, sell cookies, and so much more. The most important thing that I want you to know is that this is YOUR Daisy troop and you get to plan what you want to do.*
- *How does that sound?*

Have other adults that are helping with the troop introduce themselves.

Have girls go around the circle and quickly say their names.

Activity 2 : Girl Scout Traditions Continued

SAY:

- *Are you ready to learn some Girl Scout traditions?*
- *Let's start by learning the Girl Scout Sign.*
- *Girl Scouts make the Girl Scout Sign when they recite the Girl Scout Promise and the Girl Scout Law.*
- *Hold up your right hand with the three middle fingers up and hold your thumb and pinky finger together.*
- *The first thing to know about being a Girl Scout Daisy is that you make a promise.*
- *Let's recite the Girl Scout Promise. Repeat after me as I say each line one at a time.*

On my honor,
I will try,
to serve God and my country,
to help people at all times,
And to live by the Girl Scout Law.

- *Great job!*
- *Saying on my honor means that you're giving your word to do something.*
- *When you give your word to try to live by the Girl Scout Law, you're saying that you're ready to help make the world a better place.*

Variation: You can also show the YouTube video of girls reciting the Girl Scout Promise and Law, then lead girls through reciting it.

If you have time to expand this discussion, **SAY:**

- *What does it mean to make a promise?*
- *Why is it important to keep our promises?*
- *What if we forget?*
- *What do the words I will try mean?*
- *Do you think these three parts of the promise are good things to live by? Why?*
- *Take a look at the back of your name tag.*
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Ask girls to look on the back of their name tag, then **SAY:**

- *What do you see?*
- *That's right! It's the Girl Scout Promise. You can take your name tag with you when you leave and use it to practice the Girl Scout Promise at home.*

Activity 2 : Girl Scout Traditions Continued

SAY:

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- *Let's start by learning the Girl Scout Sign.*
- *Girl Scouts make the Girl Scout Sign when they recite the Girl Scout Promise and the Girl Scout Law.*
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- *Great job!*
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If you have time to expand this discussion, **SAY:**

- *What does it mean to make a promise?*
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- *What if we forget?*
- *What do the words I will try mean?*
- *Do you think these three parts of the promise are good things to live by? Why?*
- *Take a look at the back of your name tag.*
-

Ask girls to look on the back of their name tag, then **SAY:**

- *What do you see?*
- *That's right! It's the Girl Scout Promise. You can take your name tag with you when you leave and use it to practice the Girl Scout Promise at home.*

Activity 2 : Girl Scout Traditions Continued

Variation: If you have a first-grade Daisy troop, girls will already know the Girl Scout Promise. You can use this opportunity to refresh girls' memory of the Promise. Then you can ask girls to give examples of a time where they put the Promise into action, or talk about their favorite line from the Promise.

SAY:

- *We'll do an opening ceremony at every Daisy meeting. We'll start by saying the Girl Scout Promise so we can learn and remember what Girl Scouts stand for. We'll start learning the Girl Scout Law at our next meetings.*
- *Next, let's learn two more Girl Scout Traditions: the Girl Scout Quiet Sign and the Girl Scout Handshake.*
- *Girl Scouts all over the world use the Quiet Sign as a way to get everyone's attention. Let's give it a try. Here's how you make the Quiet Sign.*
- *Raise your right hand with all fingers extended straight up.*
- *Got it? Great! Now, everybody make the Quiet Sign*
- *The Quiet Sign is a way to let everyone know – without raising your voice – that it's time to be quiet and pay attention.*
- *When you see someone raise their right hand to make the Quiet Sign, you raise your right hand and stop talking. When other people see you with your hand up, they'll stop talking and raise their hands, too. You'd be surprised how fast you can make a room go quiet! In fact, let's make this into a game!*
- *Everyone stand up and wiggle, jump in place, make any kind of animal noise you can think of. When you see me do the Quiet Sign, stop what you are doing, raise your right hand and be quiet. Ready to try? Let's see how quickly you can do it.*
- *Go!*

Let girls make a bunch of noise and then raise your right hand in the Quiet Sign. Do not say anything, just stand in place quietly, with your right hand raised and all fingers extended. Wait for all girls to stop what they are doing, raise their right hand and quiet down. Do not start talking until all girls' hands are raised and they are all quiet. You might need to try this a few times until girls get it. This is a great tool to use throughout the year when you need to get girls' attention.

Variation: If girls already know these traditions, use this chance to talk about them. Did any girls go to a Girl Scout Camp or do another Girl Scout activity over the summer where they used the Quiet Sign, said the Girl Scout Promise, or where they learned any other Girl Scout traditions? Give them a chance to talk about these experiences. Keep in mind that they may have forgotten these traditions over the summer and need time to refresh their memory.



Activity 3 : Daisy-to-Daisy Game

Time Allotment

10 minutes

Materials

- None

Steps

You'll need a large open area for this game. If the weather is nice, go outside.

Girls will partner up for this game. If you have an odd number of girls, they could form groups of three instead of pairs.

SAY:

- *Now let's play a fun game called Daisy-to-Daisy, so we can practice the traditions we just learned and get to know each other a little better.*
- *Everybody find a partner or get together in groups of three.*
- *There is one more Girl Scout tradition we are going to learn called the Girl Scout Handshake. You can use the Girl Scout Handshake to greet other Girl Scouts. Let's practice.*
- *Face your partner and make the Girl Scout Sign with your right hand and then shake hands with your partner using your left.*
- *This is a special way to remind us that we are all sisters.*
- *Introduce yourself to your partner and tell your partner something about yourself. You might tell her what grade you're in, what school you go to, the name of your pet, your favorite place to visit, your favorite food – anything that lets her know a little about you. Then let your partner do the same. If you are in a group of three, take turns so everyone gets a chance to introduce herself.*
- *After you've done that, I'll give you more directions.*
- *I'm going to say things like elbow-to-elbow. When I say that, you're going to touch elbows with your partner. Let's try this now. Elbow-to-elbow!*
- *Now try knee-to-knee.*
- *And when I say Daisy-to-Daisy you are going to scurry and find a brand-new partner.*
- *Daisy-to-Daisy!*

Activity 3 : Daisy-to-Daisy Game Continued

Use the Quiet Sign to get girls' attention, then **SAY:**

- *Great! Now, new partners do the Girl Scout Handshake.*
- *Introduce yourselves to each other and tell your partner something different about yourself. You might tell her about a sport or hobby that you enjoy, your favorite memory, something you are good at – anything you want!*

Continue giving new instructions such as: finger-to-finger, heel-to-heel, shoulder-to-shoulder, ankle-to-ankle, back-to-back, pinky-to-pinky, side-to-side, etc. After a couple of directions, make sure you say Daisy-to-Daisy so that girls meet a new partner. Do this activity until girls have met three or four new friends or the allotted time is up.





Activity 4 : Girl Scout Law Concentration / Memory Card Game

Time Allotment

15 minutes

Materials

- Girl Scout Daisy Flower Friends Template baggies (see Prepare Ahead)

SAY:

- *Now let's play a fun game to learn a little bit about the Girl Scout Law.*
- *Who has played the memory or concentration game where you turn over cards to try to find as many matching pairs that you can?*
- *This game is played just like that game, but our cards have the Daisy Flower Friends on them.*
- *Let me show you how to play and then you can find a partner and get started.*
- *Each of you will get your own baggie with all the Flower Friend cards inside. You'll then find a partner. You and your partner will both lay out all your cards face down in rows of 6 cards.*

Show girls by opening a baggie and laying out a set of cards face down in two rows of 6.

SAY:

- *Your partner is then going to add her cards face down in two more rows of 6.*

Show girls by opening another baggie and laying out all the cards face down in two more rows of 6. You should end up with a 4 x 6 grid of 24 cards face down in front of you.

As you tell girls the rules of the game, demonstrate with the cards in front of you.

SAY:

- *The youngest girl will go first.*
- *On each turn, you will turn over two cards (one at a time). If the Flower Friends match, you get to keep those cards and you get to take another turn.*
- *When you turn over two cards that do not match, those cards are turned face down again and it becomes the next player's turn.*
- *The goal is to collect the most pairs of cards.*
- *Ready to play?*
- *Find a partner and find a place in the circle where you can sit and face each other. When you're ready, I'll give you your cards.*

Activity 4 : Girl Scout Law Concentration / Memory Card Game Continued

After girls have their cards, tell them how much time they have to play. If they finish a game early, they can mix up the cards and play again. After the game, have girls separate the cards, put them in their baggies, and gather in the circle.

SAY:

- *What did you like best about the game?*
- *Do you remember any of the Flower Friends' names?*
- *Do you remember the colors of any of the Flower Friends?*
- *There are 10 Flower Friends. Each one represents a line from the Girl Scout Law.*
- *Would you like to play this game at another meeting, or would you like to take your cards home with you?*

Have girls take a quick vote and come to a consensus.

Have all girls tidy up the room (pick up trash, push in chairs, sweep the floor, put away supplies, etc). When they're finished, ask them to come back to the Daisy Circle for the closing ceremony.

Variation: Sing the Daisy Clean Up song while girls are tidying up. Cleaning up is much more fun if you sing while you work.

Daisy Clean Up Song (to the tune of "Jingle Bells"):

Leader: Daisy Scouts, Daisy Scouts.

Let's tidy up the room.

Daisy Scouts, Daisy Scouts.

Time to go home soon.

Girls: Daisy Scouts, Daisy Scouts,

We're picking up our things.

Daisy Scouts, Daisy Scouts,

Hear our voices sing.





Activity 5 : Closing Ceremony: Friendship Circle

Time Allotment

10 minutes

Materials

- None

Steps

Gather girls in their Daisy Circle. Use the Quiet Sign to get their attention.

SAY:

- *Thank you for teaming up to make our meeting place clean and neat! Girl Scout Daisies like to be helpful and always leave a place cleaner than they found it.*
- *Our meetings will be very similar to today's meeting. We'll usually open with our Girl Scout Promise, so you may want to practice at home.*
- *We'll use the Quiet Sign to get everybody's attention.*
- *And we'll always have lots of fun together!*
- *At our next meeting, you'll start planning what you want to do this year, so get ready! That will be exciting!*
- *Kapers are another important part of our meetings. Kaper is another word for job. The jobs might be getting the room ready for the meeting, passing out supplies or snacks, or cleaning the room before leaving. We use this Kaper Chart to hand out these jobs and make sure we all have something to do. When everyone pitches in to help with chores, the work is lighter for all.*
- *Now it's time to do our closing ceremony to end our meeting.*
- *For this closing ceremony, we're going to do a traditional Girl Scout Friendship Circle and sing the Make New Friends song.*
- *Let's start by getting in our Friendship Circle.*
- *Stand shoulder-to-shoulder in a circle.*
- *Now cross your right arm over your left arm.*



Activity 5 : Closing Ceremony: Friendship Circle Continued

You might want to take a minute to make sure all the right arms are crossed over the left. Girls will keep arms crossed in the Friendship Circle as they sing Make New Friends and do the Friendship Squeeze.

SAY:

- *Now hold hands with the girl on each side of you.*
- *This is our Friendship Circle. The Friendship Circle stands for an unbroken chain of friendship with Girl Scouts and Girl Guides around the world.*
- *Now let's learn the Make New Friends song, an all-time favorite Girl Scout song.*
- *Does anybody know this song?*
- *Will you help me sing it once? Then we'll try it as a group.*

Sing Make New Friends:

Make new friends, but keep the old.

One is silver and the other's gold.

A circle's round, it has no end.

That's how long I want to be your friend.

Note to volunteer: Sing it twice so that girls catch on.

SAY:

- *Now let's close our meeting with the Friendship Squeeze.*
- *Who would like to start the Friendship Squeeze?*

Choose a volunteer to start the Squeeze. If needed, use the Quiet Sign to get girls settled.

SAY:

- *Think of a silent wish that you would like to pass along.*
- *Once you get the wish and the squeeze passed to you, then you'll use your right hand to squeeze the hand of the friend next to you and it will travel all around the circle.*
- *Ready?*

Ask girl who volunteered to start the Friendship Squeeze. After the squeeze has gone all the way around the circle, girl who began the squeeze can say, Goodbye, Daisy Girl Scouts.

SAY:

- *Now everyone raise your joined hands. Twist to your right so that everyone is untwisted and facing away from the circle.*
- *Remember to keep your Girl Scout Promise and Girl Scout Law where you can see them and practice at home.*
- *Our next meeting is_____.*
- *See you next time, Daisies!*